

Employee Assistance Program



WHO WE ARE

CHI St. Alexius Health has been in the forefront of providing Employee Assistance Program (EAP) services to public and private organizations since 1982. Our goal is to provide your organization with cost-savings and increased productivity and to provide services to employees who may be experiencing personal, emotional or work-related problems.

OUR SERVICES

EAP provides a variety of services and educational benefits to all employees in your organization. Some of these include:

- 24/7 crisis line staffed by EAP counselors
- Chemical dependency evaluations and education
- Crisis intervention
- Supervisory training and employee orientation
- Informational brochures
- Policy and program development
- Professional and management development education and training
- Referrals for job performance
- Bi-monthly professional and supervisory newsletters
- Unlimited management consultations
- Quarterly utilization reports
- Free training through our Enhancing Excellence Series
- Assistance with emotional and behavioral, work-related, marital and family, financial and alcohol and drug-related concerns

WHAT WE PROMISE

Each of our master's level counselors assists employees and their families with personal or job-related problems that may be affecting work performance. Our staff provides assessments, short-term counseling and referral services.

- Highest confidentiality
- Access to employer resources via website
- Developing personal self-esteem and effectiveness
- Face-to-face services (or web-based and over-the-phone services when needed)
- Finding solutions
- Prompt service

WHAT YOU'RE PROMISING

As an employer, you realize your employees are your most valuable resource. You're making a promise to your employees and their families:

- Concern for your employee's personal well-being
- Decreased absenteeism, accidents, errors and turnover
- Happy, well-functioning employees and their families
- Improved morale and work environment
- Improvement in employee productivity

"Giving your employees a chance to obtain the help they need is not only good for them, it's good for your entire organization."

We are pleased to offer your choice of three or eight session models to meet your organizational needs. Services are available to eligible employees, their spouses and dependents. The sessions are available per person, per assessed problem or concern, per year.

FOR MORE INFORMATION

We'd like to help tailor our program to best meet the needs of your organization.

Employee Assistance Program

(701) 530-7195

(800) 327-7195

1310 E Main

Bismarck, ND 58501

CHISTAlexiusHealth.org

While located in Bismarck, we consult with employees nationwide.

