

Know Your Health[®]

A New Look at Why I Smoke and How to Quit

Smoking is more than a habit and it takes a broad understanding of the effects of smoking in order to support those who want to quit.

Quitting can bring health benefits at any age.¹

This certifies that

hosted a My Health Account[™]: To Stop Smoking program,
thereby demonstrating outstanding support for individuals who want to quit.

Thank you!

