

EAP Features	Minimum	ComPsych
<i>EAP Established</i>	<i>1 year</i>	41 years
<i>Number of Annual Sessions Per Individual</i>	<i>6</i>	Unlimited
<i>Number of Annual Sessions Per Incident</i>	<i>6 (Full Individual Minimum)</i>	6 sessions per issue, per employee/family member, per year
<i>Coverage</i>	<i>Employee and Dependents</i>	Employees, their spouses/significant others, and the employee's eligible dependents (including those away at school) or anyone living in the employee's household
<i>Staffing</i>	<i>Licensed Social Workers</i>	Master's or PhD degrees in counseling, social work or other related behavioral areas; broad-based clinical skills and experience in assessing issues such as alcohol/drug use, suicide, emergency responses and work-life concerns; at least three years of experience, as well as training to provide support, facilitate immediate assistance and handle requests for counseling, family or personal convenience needs, legal

		or financial information.
<i>Appointment Timing</i>	<i>Within 72 hours</i>	Within 72 hours for in-person Within 48 hours for virtual
<i>Emergency Appointments</i>	<i>Within 24 hours</i>	Immediate
<i>Weekend/Holiday Appointments</i>	<i>Emergency</i>	Immediate for emergencies; by appointment for routine care
<i>1-800 number</i>	<i>Minimum one line</i>	State-dedicated toll-free line
	<i>Minimum one staffed line</i>	24 hours a day, seven days a week; staffed by master's-level intake clinicians
<i>24 hour Crisis 'Hot' Line Staffing</i>	<i>Minimum one staffed line by LSW</i>	24 hours a day, seven days a week; staffed by master's-level intake clinicians
<i>On-site Employee Orientation</i>	<i>1 per year (Smaller groups may be combined)</i>	Unlimited
<i>On-site Seminars</i>	<i>None, except as noted in IV, A, 1, c & d</i>	Unlimited
<i>Off-site Seminars</i>	<i>None, except as noted in IV, A, 1, c & d</i>	Unlimited
<i>Management Training</i>	<i>Minimum Requirements: Stress, Conflict, Crisis, Change Management</i>	Unlimited
<i>Management Consulting</i>	<i>Available to all supervisory/management staff</i>	Unlimited
<i>Additional/Specialty Services Available</i>	<i>@ Additional Cost</i>	ComPsych is pleased to include the following programs in our quoted rates at no additional cost : <ul style="list-style-type: none"> • Computerized cognitive behavioral therapy (CCBT): CCBT portal and mobile app for digital modules and resource centers covering a wide variety

		<p>of mental health and behavioral issues</p> <ul style="list-style-type: none"> Well-being coaching: Holistic, one-on-one support (via telephonic or video sessions) for a wide variety of issues that affect an individual's well-being and ability to reach personal goals and milestones of success Digital financial wellbeing services (WellthSourceSM): Access to the WellthSource online portal for personalized, digital modules, online will and digital financial plans to support financial wellness
Supervisory Newsletters Internal Marketing Material <i>(i.e., payroll stuffers, posters, etc.)</i>	Quarterly Biannually As needed	Monthly and as needed
Agency/NDPERS Reporting - Utilization	Aggregate annual report on utilization to NDPERS	Quarterly and annually
Agency/NDPERS Reporting - Survey	Aggregate annual report on member satisfaction to NDPERS	Quarterly and annually
Price	\$1.54 Maximum	\$1.30 pepm
OTHER UNIQUE FEATURES		<p>Our proposed program for NDPERS includes the following unique features:</p> <ul style="list-style-type: none"> ComPsych Huddles are clinically led, interactive virtual groups (10-15 participants) focused on psychoeducation, skill building and peer connection. Members can view the calendar of upcoming Huddles on our digital platforms and self-register for topics that resonate with them, such as Resiliency, Mindfulness or Relaxation. Following the success of this initiative, we are expanding the pre-scheduled session topics to include

		<p>additional psychosocial and physical well-being topics, such as sleep, nutrition, and mood management. For those who prefer listen and learn opportunities, we are also hosting larger monthly webinar sessions to provide additional education and support for each topic, as well as “Huddles Practices,” which offer brief, 10-20 minute relaxation, mindfulness, stretching, and other practices to promote self-care moments during the day.</p> <ul style="list-style-type: none"> • Appointment scheduling at time of intake to appointments within 3 days • Referral to ComPsych care management clinicians for higher acuity needs • Seamless integration between EAP and absence management program (EAPConnect): For agencies that utilize the FMLASource absence management program, employees on leave can receive outreach from the EAP to offer support when they need it • ComPsych World Watch: ComPsych’s “World Watch” provides emergency resource information during natural disasters. Account managers send emails to HR contacts with information on emergency contact numbers, shelters, locations for supplies and sandbags, pet evacuation procedures and other useful information. We also respond proactively to pandemics and other health crises. We post this information on our GuidanceResources Online website. We’ve provided information for a variety of natural disasters, including hurricanes, wildfires, mudslides, earthquakes, • ComPsych Newslines: our monthly newsletter that includes
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