



# Empower Your Employees

Enhance Employee Well-being with Cutting-Edge Mental Health and Work-Life Solutions



Our platform combines expert mental health coaching and counseling with holistic work/life services to ensure your members receive the support they need, when they need it.

## → Life Service Navigators:

Dedicated professionals who answer every call, providing personalized support and care to guide members through their wellness journey.

## → Personalized Solutions Paths:

AI-driven, customized solutions based on employee goals, including guided CBT resources for managing stress, anxiety, and other mental health challenges.

## → Coaching & Counseling:

Broad network of certified mental health professionals specializing in stress, career development, and family counseling, with effortless scheduling options.

## → Barrier-Free Access:

Immediate access to mental health resources, multiple access points, and flexible scheduling remove traditional barriers to access services.

## → Health Advocacy and Navigation:

Support in understanding benefits, locating providers, requesting ID Cards, and assistance with healthcare claims and appeals.

## → Extensive Resource Library:

Thousands of self-guided tools, assessments, resources, videos, articles, mindfulness practices, and personalized recommendations.

## → Legal and Financial Resources:

Access to half-hour legal consultations, 90-minute financial consultations, a library of tools and resources, and discounted rates for continued services.

## → Virtual Concierge Services:

Provides dedicated Personal Assistants to help with research, referrals, and information on child/elder care, travel, events, relocation, dining, entertainment, and more.

## → Employee Discounts:

Access to exclusive discounts on entertainment, travel, shopping, and more, enhancing overall employee satisfaction and work-life balance.

# EFFORTLESS ACCESS TO EXPERT COACHING AND TOTAL WELL-BEING SUPPORT

## OUR MISSION:

**Bree Health**, crafted by industry experts at **eni**, delivers a comprehensive mental health solution rooted in over 40 years of experience. Our platform is designed to address critical workplace challenges such as burnout, turnover, and disengagement by providing innovative, barrier-free mental health and work-life services.

Leveraging advanced technology and deep expertise, we ensure employees have access to the care and support they need to excel both personally and professionally. Our mission is to create a healthier, more fulfilled, and productive workforce, offering unparalleled mental health experiences that set a new standard for employee well-being.

## WHY CHOOSE BREE HEALTH?

### Immediate and Seamless Access:

Quick access to professional help is crucial in addressing mental health concerns effectively. Bree Health ensures continuity of care with regular follow-ups for sustained well-being.

### Quality Assurance:

Our in-house team of mental health professionals guarantees a consistent and high standard of care, building trust and reliability among your employees.

### Proven ROI:

Investing in employee mental health yields significant returns. The World Health Organization (WHO) shows a \$4 return for every \$1 invested in mental health support, enhancing productivity and reducing healthcare costs.



## SCHEDULE A DEMO

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## LEARN MORE ABOUT BREE HEALTH BY SCANNING HERE



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